

## Research on the Internalization of Socialist Core Values in the Self-Cultivation Education of College Students

Guihong Tang

Yunnan College of Business Management, Kunming, Yunnan, 650106, China

Email:Huxh2012@126.com

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**Abstract:** the Education of College Students' Socialist Core Values Should Change from the Simple External Education to the Combination of Internal Education and External Education, Which is the Internal Requirement of Strengthening the Education of College Students' Socialist Core Values. in the Process of Educating College Students on Socialist Core Values, Ideological and Political Educators in Colleges and Universities Need to Pay More Attention to and Study the Mechanism of Internalized Education of College Students' Values. on the Basis of Fully Respecting the Law of Forming College Students' Values, They Can Effectively Improve the Education of Socialist Core Values by Using Internalized Psychological Mechanism to Influence the Formation of College Students' Values Actual Effect.

### 1. Introduction

Since China began to cultivate its socialist core values for college students, this initiative has attracted the attention of the whole society. The State Council and the Party Central Committee also pay enough attention to the development of this work, and publish relevant guidance for this special purpose, and integrate it into the national education system. Therefore, self-cultivation education has officially become a part of the national education system. The cultivation of the socialist core values of college students is also of great significance for the implementation of the spirit of the 18th National Congress. In the current social conditions, this education is very necessary for the growth of college students. With the promotion of reform and opening up, after the establishment of the socialist market economy system in China, the current society is more dynamic, but it also has a strong impact on people's values.

### 2. College Students' Socialist Core Values and Socialist Core Value System

College Students' socialist core values are the views and fundamental views on values, value beliefs, value relations and value objectives under the guidance of the socialist core value system in the period of great rejuvenation and development of the Chinese nation. Its concrete expression is as follows: dare to question and pursue truth; conform to the times and advocate science; pay attention to practice frequently and cultivate ability modestly; respect teachers and friends and abide by the law in good faith; revitalize the nation and build the motherland; be brave in innovation and scientific development. These six aspects are not only the essential reflection of the socialist core values, but also have extremely distinct characteristics of the times, which is in line with the group characteristics of contemporary college students.

The socialist core value system is the premise and foundation of the socialist core value system, and the socialist core value system is the core of the socialist core value system. In the decision of the CPC Central Committee on deepening the reform of cultural system and promoting the development and prosperity of socialist culture put forward in the Sixth Plenary Session of the 17th Central Committee of the CPC, it is clearly pointed out that the socialist core value system is the soul of rejuvenating the country and the essence of advanced socialist culture; it is necessary to integrate the socialist core value system into the whole of national education and spiritual

civilization education Process. Contemporary college students are the leaders and innovators of a country's advanced culture in the future, so it is more necessary to educate and guide them to internalize the socialist core values in an all-round and whole process under the guidance of the socialist core value system.

### **3. The Current Situation of College Students' Socialist Core Values**

Nowadays, network has become a platform that college students need to use in their daily life, work and study. There was a survey on the computer ownership of college students. The data shows that in a university, about 95% of the students choose to install broadband, while 98% of the students own computers. From this data, we can see the popularity of the network. However, the popularity of the network not only brings convenience to the students, but also brings serious problems to the way of life and learning of college students Influence.

Due to the development of the Internet, college students are very easy to blindly worship Western values, leading to their own values lost, which will undoubtedly affect the recognition and practice of the socialist core values of college students in China. How to use the network reasonably and give full play to the positive energy of the network has become a problem that needs to be studied at present, as well as a problem that needs to be solved for the healthy use of the network by college students, which is also a problem of multiple values [1]. At present, the core values of college students show the characteristics of diversity, and pay more attention to the pursuit of individuality. As a result, contemporary college students can not adapt to a single value, and because college students are very dependent on the network, they can learn a lot of information in time, no longer just blindly following a single speech and thought as before [2]. However, although the value subject can establish self-awareness and improve self-confidence for college students, due to the influence of economic interests, some college students will pursue immediate interests too much and lose the socialist core values, which will lead to errors in students' ideological identity. The society needs to pay more attention to the lack of socialist core values of contemporary college students. College students are the future of the country. The future development of the country depends on college students. Therefore, it is of great significance to attach importance to the cultivation of College Students' values [3].

### **4. The Significance of Cultivating College Students' Socialist Core Values**

Socialist core values is a very prominent concept. China's goal is to adhere to the road of socialism with Chinese characteristics. Deng Xiaoping also proposed to build socialism with Chinese characteristics. After the reform and opening up, China has always been examining socialism from the perspective of value. With the proposal of “socialist core values” and “socialist core value system”, these contents reflect the socialist values of our country, and distinguish the essential relationship between socialism and socialist values, which has risen to the level of rational self-awareness. The fundamental value principle and value ideal of socialism are the core values of socialism, which will respond to socialism on the value level. And because most of the groups in the society are in a specific social order, the present society has a relatively stable economy. All mature societies and cultures need to take core values as the most important task. At present, the frequent moral loss of college students, combined with the characteristics of today's times, can be found that the main factors lie in the global political multi polarization, economic globalization, cultural diversity [4].

In addition, college students are very active in their own thinking, vulnerable to the impact of new things, there are many problems such as the lack of firm ideals and beliefs. Therefore, socialist core values need to lead pluralism through themselves. Among the college students, the socialist core values can play a good role in self-cultivation education, and also can reflect the realistic demands of contemporary college students. Only by giving full play to the leading role of the socialist core values, can we achieve the internalization effect, so that college students can really put into practice. In addition, due to the influence of various wind directions and information on the

Internet for a long time, college students have not formed a solid socialist core values, which will lead to college students unable to bear the responsibility of building a modern social value order. We should attach importance to the cultivation of socialist core values of college students, so as to improve the national cohesion of college students. Every student needs to have self-confident values, and adhere to the road of socialism with Chinese characteristics, so that they can better shoulder the responsibility given by the country in the future [4].

## **5. Internalization of Socialist Core Values in College Students' Self-Cultivation Education**

### **5.1 Build the External Environment of Socialist Core Values Education**

College students view the socialist core values theoretically and credibly. When the socialist core values are shaken, they need to be corrected by the influence of the external environment. Therefore, if colleges and universities want to improve the educational effect of college students, they can rely on the strength of all sectors of society. The government needs to play a leading role, and cooperate with the media or network platform to jointly promote the socialist core values. Secondly, in the process of implementing the socialist core values education for college students, families, schools and society need to form an interactive mechanism to jointly strengthen the education of students' socialist core values. The 18th National Congress of the Communist Party of China clearly pointed out that the whole society needs to establish a sense of frugality, which should be deeply implemented in the people, and finally achieved certain results, creating a good social environment for the establishment of College Students' socialist core values, so that college students gradually identify with the mainstream social values [5]. Colleges and universities need to seize this opportunity and integrate policies and routes into the education of socialist core values.

### **5.2 Strengthen Internal Experience**

#### **(1) Provide the carrier of practical experience platform**

Only when teachers set up the consciousness of guiding students in the process of developing the education of socialist core values, can they imperceptibly make college students set up correct socialist core values, and under the guidance of teachers, students actively change themselves. We can also guide students to perform their duties, improve national awareness and enhance their ability to resist setbacks through activities such as visiting national defense education exhibitions. And through a series of related activities can help students develop the spirit of patriotism. Colleges and universities can arrange college students to participate in various activities properly when their learning tasks are light, and strengthen their social mission and sense of social responsibility through activities. Only through real practice can students acquire more knowledge. Therefore, colleges and universities carry out social practice activities for college students, which can guide students to go deep into the community and the grass-roots level, so as to feel the social responsibility, strengthen the social service consciousness of college students, and enable college students to gradually have a clear understanding of “knowledge, trust and practice” in the process of practicing socialist core values Understand clearly [6].

#### **(2) Pay attention to the students' experience of the guidance process**

Colleges and universities carry out experience activities for college students to form a general concept of social practice activities. The process of reflection is a process of constant assimilation, which can make college students internalize their feelings and practical experiences into ideas and externalize them into behaviors. Teachers need to give full play to their own guiding role, make college students look at the problem more objectively, make college students gradually transform the socialist core values, so as to make it become a specific behavior standard and concept of college students. In addition, during the period of education, teachers can also stand in different positions to see things. By changing their positions, students can get a deeper experience. When students encounter experience conflicts, they can be more clear about their own values, so as to gradually strengthen the understanding of the core socialist values of college students.

### **5.3 Carry out the Education of Socialist Core Values According to the Mechanism of Individual Psychological Internalization**

In the process of College Students' socialist core values education, college educators need to carry out education on the basis of fully understanding and respecting the cognitive processing law of each college student, which is the premise of effectively promoting the internalization education of College Students' socialist core values. Generally speaking, college students' Internalization of socialist core values mainly follows the basic stage of compliance - Identification - belief. Therefore, in each stage, we need to pay attention to the way and method of education, and plan the education of socialist core values scientifically and reasonably [7]. For example, in the compliance stage, educators need to make college students understand the gap and contradiction between the current individual values and the socialist core values through various ways, so that they can accept the socialist core values psychologically, and with some activities, competitions, etc., to promote the internalization of the socialist core values of College students from compliance to identity and ultimately to reach At the same time, in this process, the ideological educators should also actively go deep into the college students, improve the long-term mechanism of psychological counseling, timely resolve various questions such as psychological doubts, value confusion and negative emotions in the process of internalization, and help college students form a healthy and positive self, so as to better promote college students' social ownership Internalization of core values of righteousness.

### **6. Summary**

All in all, the internalization of College Students' socialist core values needs to be based on the premise of respecting the rules of individual psychological internalization mechanism, enhancing the consciousness of individual psychological internalization of college students, stimulating the subjectivity of college students, promoting the internalization of College Students' socialist core values, and finally making college students become an important force to practice the socialist core values. On the one hand, colleges and universities should strengthen the student-oriented education concept, solve the practical problems encountered by students, cultivate students' love for colleges and universities, society and the country, guide students to shape good moral quality, and explore the value of life. On the other hand, colleges and universities need to regulate and guide the daily life of college students. It is necessary to combine various aspects of education, such as morality, discipline and law, so as to make the cultivated college students clear the standards of socialist core values, put them into practice and internalize them into the body and mind of college students.

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